



Week 17

#kdysonlineclub



A Positive Activity program for all the family

Available on all our social media sites!



Share with us by posting pictures or videos with the hashtag

#kdysonlineclub



KDYS ONLINE CLUB

**A Tech Free Time
With Family In Your Home**

**Join KDYS In Taking
Time Out & Getting
Active With Your Family
In A Positive Way.**

**Follow Our Positive
Activity Program In Your
Home Each Week We will
Suggest New Activities**

**Share With Us By Posting
Pictures/Videos With**

#kdysonlineclub



**For More Info Contact Local
Youth Centre**

Week 17 Positive Activity Program:

- Play A Board/Card Game
- Cook A New Recipe - Recipe Suggestions on KDYS Social Media
- Play "Fortune Teller" -Game Rules Attached In Activity Sheet
- Read A Book or Magazine or Comic Book
- Play "Sock Wrestling" -Game Rules Attached In Activity Sheet
- Go for A Walk/Run

KDYS Listowel (085) 8011172
KDYS Tralee (085) 7599567
KDYS Castleisland (085) 8729488
KDYS Killarney/Cahirsiveen (087) 7801575

Ice Cream Sandwich

Ingredients:

For the base

400g bourbon cream biscuits
150g butter, melted

For the filling

400g soft cheese
100g caster sugar
500ml cream, lightly whipped
300g Toblerone, melted

For the topping

Toblerone chocolate, roughly chopped



Method

1. Line the bottom of a 23cm cheesecake tin with parchment paper.
2. Place the biscuits in a food processor and pulse until it turns into fine crumbs. Add the melted butter and pulse. Transfer the mixture into the tin and press it down into an even layer. Refrigerate.
3. Whip the soft cheese, melted Toblerone and the sugar until smooth. Fold in the whipped cream and pour the mixture over the biscuit base. Refrigerate overnight.
4. To decorate, top with chopped Toblerone.



"KDYS Online Club"

Positive Activity Sheet Week 17

Game 1: Fortune Teller

What You Need:

Paper/Pen

How To Play:

1. Each player gets four pieces of paper and a pen. Ask each player to write down a name, a place, a number, and a profession. Let them write any name, place, number, and job they want on the paper to make the game more fun.
2. Ask them to fold the paper and separate them into the 4 categories. Each player will take turns to pick a piece paper each from the categories.
3. One of them will read the fortune. For example, Anna will be a professor, date Jake, live in Chicago (or a basement, the airport, etc.) and have (number) of children.
4. The weirder the sentence, the more enjoyable the game would be.

Game 2: Sock Wrestling

What You Need:

Socks

How To Play:

1. Sock Wrestling is a fun wrestling match between two people with a silly goal – remove the socks of the opponent before your opponent takes off yours.
2. It is best to have an adult as a moderator or a referee for this game.

Ice Cream Sandwich

Ingredients:

- 1 packet of large cookies
- Vanilla ice cream 1 pint
- Chocolate sprinkles, chopped nuts, or puffed rice
- Freezer paper



Method

1. Scoop a generous amount of Vanilla ice cream and sandwich between two large cookies.
2. Roll the ice cream sandwich edges in the chocolate or nuts.
3. Wrap each sandwich in freezer paper and freeze.
4. Remove from freezer and devour.